

# NEW FOR 2012 THREE COURSES FEATURING EUGENE GENDLIN & ANN WEISER CORNELL



## REGISTER WITH FOCUSING RESOURCES

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## 2 FOCUSING-ORIENTED CASE CONSULTATION FOR HEALING PROFESSIONALS

As those who took our course last year on “Focusing, Psychotherapy, and the Implicit” discovered, Eugene Gendlin has a gift for consultation on client sessions. He listens closely and compassionately to your description of what’s going on with your client, and then goes to the heart of the matter, often finding a surprising, fresh direction that opens up new possibilities. Tough clients, difficult reactions to clients, stuck situations, puzzles and questions – all are welcome. If you can role play your client and let Gene try different ways of responding, all the better. You will be able to bring your own questions; and there is great richness in hearing Gene respond to the questions of others, as well as relief when he shares his own stumbles and mis-steps. Facilitated by Ann Weiser Cornell.

FEBRUARY 15, 22 & MARCH 7, 2012  
WEDNESDAYS 1PM-2:30PM  
\$275 UNTIL FEBRUARY 8, \$325 AFTER



*Guidelines will be given for how to change client information so clients cannot be recognized. Because of the sensitivity of sharing client information, this course will never be made available to be purchased later as we plan for our other courses. Only registered participants may hear recordings of the course.*

## 1 PHILOSOPHY, FOCUSING & DREAMS

We have been asked so often for a course on Focusing and Dreams, and here it is! Every dream has a gift, even dreams that seem only negative. Focusing gives a unique perspective on dreams, and also a way to blend in any other dream method and make it even more effective.

This course includes:

- how to start remembering your dreams
- where to find the ‘help’ in the dream
- bias control’ – how to step outside of your habitual reactions
- finding the positive energy in the dream
- how to help another person work on a dream

As part of this course, we encourage you to pair up with a “dream buddy” so you can practice the exercises with a partner, and we will help you find a partner if you don’t have one.



JANUARY 11 - FEBRUARY 8, 2012  
WEDNESDAYS 1PM-2:30PM  
\$195 UNTIL JANUARY 4, \$225 AFTER

## 3 PHILOSOPHY, FOCUSING & CHANGING THE WORLD

How we think and understand the world is important, and not only because thinking leads to productive action joined with others. The trouble is that when we try to think about what goes on around us, we run up against a dichotomy. On the one hand we have clear categories that create technology but cannot possibly enable us to think about ourselves or society. On the other hand, we have our feelings and our senses of wrongness and rightness, but how do we think and speak from there?

At the exciting leading edge of his philosophy, Gendlin has a new way of forming concepts with the felt sense. This resolves dualities and dichotomies, as we understand that what’s real is neither made up only of defined units nor is it the least bit arbitrary. The implicit is different from either of those two. The implicit is a forward implying, not already finished.

Perhaps we have been feeling hopeless and stuck about the larger movements of society. But Focusing lets a felt sense come – and that can change the world. Join us in exploring the implications for living things, human beings, organizations, economics, and society.

*No pre-requisites, but those with some familiarity with Focusing and Gendlin’s Philosophy of the Implicit probably have an easier time grasping where this course goes.*

MARCH 14 - APRIL 11, 2012  
WEDNESDAYS 1PM-2:30PM  
\$195 UNTIL MARCH 7, \$245 AFTER

